



Pune District Education Association's
COLLEGE OF ARCHITECTURE

Sector 28, Pradhikaran, Akurdi, Pune - 411044.



Affiliated to Savitribai Phule Pune University (PU/PN/ARCH./476/2016)

Approved by Council of Architecture, New Delhi (MH-96) Govt. of Maharashtra, DTE, Mumbai. (DTE Code 6897)

Ph. 020-27650896, 27650897 Email. : pdeacoa@gmail.com Web. : www.pdeacoa.edu.in

Report on

“International Yoga Day”

DAY AND DATE: 21-06 -2023

TIME: 9:30 AM onwards

CONDUCTED BY: PDEA College of Architecture, Akurdi.

ATTENDED BY: Students and faculties of PDEACOA and College of Architecture

OBJECTIVE: For the betterment of student's overall skill development.

NO OF STUDENTS PARTICIPATED: PDEA college of Architecture, Akurdi organized “International Yoga Day 2023.”

BRIEF: 9th International Yoga Day was celebrated by the students, teaching and Non- Teaching of PDEA College of Architecture, Akurdi. On 21st June 2023 with great enthusiasm. All staff also Participated in the celebration.

The function began with a brief introduction of yoga day by Academic coordinator Prof. Swati Rode a brief introduction of yoga expert our 2nd Year Student Sahil Gund. He explained that regular practice of yoga will help the students achieve better mental and physical health. After which few warm up and simple asanas. they also performed standing and sitting asanas.

The function ended with a vote of thanks by prof. Swati Rode.



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Report By: Miss.Darshana Taksale